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In collaboration with



# 1<sup>st</sup> INTERNATIONAL EATING DISORDER AND OBESITY CONFERENCE

28 SEPTEMBER 2019

SOFITEL HOTEL, ABU DHABI | 9AM - 5PM



WITH THE EXCEPTIONAL PRESENCE OF

**Dr Eva Trujillo**

(former AED President)

and

**Dr Riccardo Dalle Grave**

(Co-developer of CBT-E and Developer of CBT-OB)

## TOPICS

- Are Eating Disorders a Global Epidemic and Burden?
- Introduction to Eating Disorder and Obesity in the Middle East
- First DO NO HARM (A guide to medical complications of Obesity and Eating Disorders)
- Update on Eating Disorders Diagnostic Criteria and their Latest Evidence-Based Treatments
- Introduction to Cognitive Behavioral Therapy Enhanced for the Treatment of Eating Disorders (CBT-E) and its Special Adaptation for Adolescents
- Dietitians Intervention in Eating Disorders Treatment (International Guidelines, Targets, Tools)
- Update on the Current Obesity Treatments and their Efficacy
- Introduction to Personalized Cognitive Behavioral Therapy for Obesity (CBT-OB)

## SPEAKERS



**Dr Eva Trujillo, MD**  
Pediatrician, Adolescent Medicine Specialist



**Carine el Khazen**  
Clinical Psychologist



**Dr Riccardo Dalle Grave, MD**  
Endocrinologist, Psychotherapist & Nutrition Specialist



**Maya Sidani**  
Clinical Psychologist



**Dr Carole Chidiac, MD**  
Specialist Family Medicine



**Hala Abu Taha**  
Clinical Dietitian



**Carina Ghossoub**  
Clinical Dietitian



*\*Free of charge for MEEDA members and delegates of the Neuroscience Updates Congress*

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