

# Advanced CBT-E Clinical Workshop Programme

Thursday 28<sup>th</sup> November 2019

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Registration will be from 9.30-10.00 with coffee.

The workshop will run from 10.00-16.30. Lunch and two breaks with refreshments will be provided.

It will cover:

- CBT-E with adult outpatients
- CBT-E with younger patients
- Using CBT-E in intensive settings
- CBT-E supervision
- Case and service consultation for CBT-E from a panel of experienced CBT-E clinicians

**Optional social event.** This will be in the early evening. You can book directly with the Oxford Artisan Distillery. This is separate from the workshop and designed for those who would like to socialise with other delegates. Further details to follow.

Friday 29<sup>th</sup> November 2019

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Registration will be from 9.15-9.30 with coffee.

The workshop will run from 9.30-16.30. Lunch and two breaks with refreshments will be provided.

It will cover:

- The Past, Present and Future of CBT-E
- Using CBT-E in real-world clinical settings:
  - A national health specialist inpatient unit for young people in England
  - A regional eating disorder unit in Norway
  - A national clinical programme for eating disorders in Ireland
- Maximising the availability of CBT-E
- Case and service consultation on the above topics from a panel of experienced CBT-E clinicians



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Dr Rebecca Murphy  
Professor  
Christopher Fairburn  
The Centre for  
Research on Eating  
Disorders at Oxford

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Dr Riccardo Dalle  
Grave  
The Villa Garda  
Eating Disorders Unit  
in Verona

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