Excessive importance of shape, weight and their control in my self-evaluation

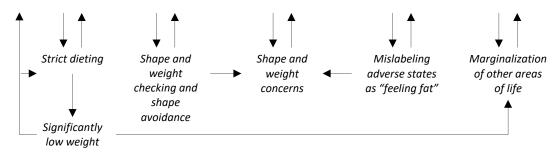


FIGURE 12.2. An example personalized extended formulation of an underweight adolescent patient with eating disorder.

From Dalle Grave R & Calugi S, Cognitive Behavior Therapy for Adolescents with Eating Disorders, Guilford Press, New York, 2020.