Excessive importance of eating control in my self-evaluation

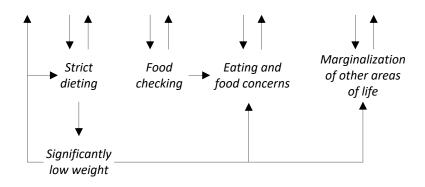


FIGURE 13.3. An example extended formulation of an adolescent patient with overvaluation of control over eating. From Dalle Grave R & Calugi S, *Cognitive Behavior Therapy for Adolescents with Eating Disorders*, Guilford Press, New York, 2020.