

4<sup>th</sup> & 5<sup>th</sup> November 2021  
Virtual

# Advanced CBT-E Clinical Workshop

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Dr Riccardo Dalle Grave

Dr Simona Calugi

The Villa Garda Eating Disorders  
Unit in Verona



**Villa Garda**

Dr Rebecca Murphy

The Centre for Research on Eating  
Disorders at Oxford



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Additional speakers include

[Professor Zafra Cooper](#)

Yale School of Medicine, United  
States

[Dr Carine el Khazen](#)

American Center for Psychiatry  
and Neurology, Dubai

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## A two-day workshop for CBT-E practitioners

This workshop is primarily intended for those who have received basic training in CBT-E and have had experience implementing it.

### Programme to Include

- Challenges & Opportunities for CBT-E in light of COVID-19
- CBT-E as a Unified Treatment Approach: transdiagnostic, multi-step and across the ages
- Using CBT-E with Young People
- CBT-E for Severe Anorexia Nervosa
- Assessing and Addressing Obstacles to Change in CBT-E
- Controlling Binge Eating and Weight in Binge Eating Disorder
- CBT-E Supervision

There will be presentations from other experienced practitioners of CBT-E. Further details to be confirmed.

### Practicalities

Cost: € 290

For further details: [cbte-workshop@positivepress.net](mailto:cbte-workshop@positivepress.net)

Booking information: <https://www.positivepress.net/cbteadv>